

*Alleghany*  
*County*  
**Resource**  
**Directory**



## **General Information**

Agencies listed in this guide have been placed under the headings that best fit the services they provide. Individuals will need to contact agencies regarding specific services provided, criteria for receiving services, and any fees which may be required. Many area agencies do not charge any fees for their services. Agencies charging fees may offer reduced rates based on family income.

If you would like to have your agency included in this directory or need to correct/update information provided, please contact Alleghany C.A.R.E.S. at (336) 372-5959 or (336)372-5559.

•

Adult and Family Education.....	3
Adults with Special Needs.....	4
Children/Youth	
Child Abuse Protection/Prevention Agencies.....	5
Children's Activities.....	5
Child Care.....	6
Children with Special Needs.....	7
Crime Victims.....	7
Crisis Lines (24 hour).....	8
Emergency Services.....	8
Employment.....	9
Financial Assistance.....	9
Food.....	10
Health/Medical Services.....	10
Heating Assistance.....	12
Homeless Shelters.....	12
Housing (Income Based).....	13
In-Home Services.....	13
Legal Issues.....	14
Libraries.....	15
Medical Equipment.....	15
Mental Health.....	15
Parenting Programs.....	16
Preschools (enrichment programs).....	16
Schools.....	16
Senior Services.....	17
Substance Use/Abuse.....	18
Support Groups.....	18
Thrift Stores.....	19
Toll Free Information Lines.....	20
Transportation .....	20

## **Adult and Family Education**

- Adult High School and Basic Skills Program 336-372-5061  
Adult high school diploma, GED, beginning literacy and ESL
- Alleghany Council on Aging 336-372-4640  
Certified classes in chronic disease self-management, matter of balance, exercise and aerobics for arthritis, and walk with ease
- Alleghany County Library [www.nwrl.org](http://www.nwrl.org) 336-372-5573  
Basic computer classes upon demand
- Alleghany Pregnancy Care Center 336-372-7844  
Classes in prenatal, parenting and living skills (i.e. positive credit, apt. renting, wise buying habits, used car buying, house cleaning, money management)
- Alleghany Wellness Center 336-372-2944  
Classes in spin, core strength, boot camp, yoga, Zumba, Latin cardio, kettle bells, karate, senior's muscle strength and cardio circuit
- American Red Cross [www.redcross.org/takeaclass](http://www.redcross.org/takeaclass) 1-800-733-2767  
Health and safety training and education
- Blue Ridge Opportunity Commission (BROC) 336-372-7284  
Family self-sufficiency classes in writing resumes, stress and money management, budgeting, gardening, seeking employment; must be 18 or older with transportation
- ESL at Glade Creek Elementary School 336-657-3388  
English as a Second Language offered through Wilkes Community College
- NC Cooperative Extension [www.alleghany.ces.ncsu.edu](http://www.alleghany.ces.ncsu.edu) 336-372-5597  
Classes and videos on Master Gardening, family consumer services, food preservation, healthy eating, chronic disease reduction, financial management, and farming issues
- Wilkes Community College [www.wilkescc.edu](http://www.wilkescc.edu) 336-372-5061  
Traditional curriculum, continuing education, industrial training and job-skill development courses

## **Adults with Special Needs**

- Alleghany County Group Homes [www.acgh.org](http://www.acgh.org) 336-372-5671  
Residential placement, care and person centered training for adults with developmental disabilities, 18 years and over
- Alleghany Developmental Vocational Program 336-372-5671  
Vocational training, community inclusion, literacy and basic math education, hot lunch, recreational opportunities, and transportation for adults with developmental disabilities
- Alleghany In Motion 336-372-8747  
Elderly and Disabled Transportation Assistance Program for medical and dental purposes, requirements and age limits, at least 24 hr. notice required for scheduling
- Alzheimer's Association-Western Carolina Chapter 828-514-3124  
Provide and enhance care and support for all affected by Alzheimer's/ Dementia and reduce the risk of dementia through the promotion of brain health
- CAP/DA 336-372-4464  
Community Alternative Program for Disabled Adults -Medicaid funded program promoting home care as an alternative to nursing home care for disabled adults 18 yrs. and older
- Daymark Recovery Services 336-372-4095  
Comprehensive and culturally competent mental health and substance abuse services, psycho-social rehabilitation day treatment for adults who qualify
- Department of Social Services 336-372-1445  
Investigate and/or provide services to abused, neglected and exploited disabled adults; assistance in locating needed health services; placement services; guardianship for incompetent adults; 18 years and older
- Genesis Health Care, Alleghany Center 336-372-2441  
Long term skilled nursing facility; short term rehabilitation facility offering full time physical, occupational and speech therapy, inpatient and outpatient

High Country First In Families [www.fifnc.org](http://www.fifnc.org) 336-667-3333x250  
Support to adults with developmental disabilities and traumatic  
brain injury; i.e. school / medical supplies, toys, childcare,  
respite care, computers

## **Children/Youth**

### **Child Abuse Protection/Prevention Agencies**

Child Protective Services-DSS 336-372-1445  
Investigate and act upon reports of abuse, neglect and dependency;  
assist with needed services

Guardian Ad Litem Program [www.nccourts.org](http://www.nccourts.org) 336-651-4421  
Volunteer advocates for abused and neglected children in the court  
system

Partnership for Children 336-372-2846  
Darkness to Light child sexual abuse prevention program, DANA  
program, and parenting classes

### **Children's Activities**

Alleghany County Public Library 336-372-5573  
Story time for preschool and toddlers, summer reading programs  
through age 18, movie events

Alleghany County Recreation 336-372-2942  
Youth (up to 12 yrs.) baseball, softball, basketball, soccer and tennis

Alleghany Wellness Center 336-372-2944  
Lessons in karate and swimming

Boy Scouts 336- 572-2492  
Troops for ages 11 (6<sup>th</sup> grade) – 18; outdoor adventures, hiking and  
camping; merit badges; travel opportunities, local and out west

Cub Scouts 336-200-1982  
Dens for boys 1<sup>st</sup> – 5<sup>th</sup> grade; classes to earn badges, pins and belt  
loops; many camping opportunities including parent-son camporee

Exceptional Children's Assistance Center 800-962-6817  
[www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)  
Information, workshops and training to improve lives and education  
of all children, special emphasis on those with disabilities

Girl Scouts 828-719-5034  
Troops for kindergarten – 8<sup>th</sup> grade, badge earning, silver and gold awards, leadership experience, camping and travel opportunities

NC Cooperative Extension [www.alleghany.ces.ncsu.edu](http://www.alleghany.ces.ncsu.edu) 336-372-5597  
4-H Clubs, summer fun programs and camps, school enrichment programs, 5-18 yrs.

Razors Edge Skate Park [sk8razorsedge.com](http://sk8razorsedge.com) 336-657-0858  
Free public skate park located at Crouse Park

## **Child Care**

Blue Ridge Developmental Day 336-372-4300  
All inclusive child care, educational and therapies; birth- 5 yrs.

Department of Social Services 336-372-1445  
Application to determine income eligibility for childcare assistance

Division of Child Development [www.ncchildcare.nc.gov](http://www.ncchildcare.nc.gov) 800-859-0829  
Information on choosing child care, operating a facility, financial assistance and early intervention

Free Worship Christian Day Care Center 336-372-8423  
Preschool preparation and after school care, birth- 12 yrs.

Happy Hearts Learning Academy 336-372-2050  
Creative curriculum, birth – 12 yrs., before and after school, full time/part time/drop-in

Love-n-Learn Childcare 336-372-4494  
One-on-one childcare in a home setting, references available, birth- 12 yrs

Ollie's Small World 336-372-4775  
Creative preschool curriculum, before and after school program; birth- 12 yrs.

Partnership for Children 336-372-2846  
Technical assistance to providers, Smart Start for early education, parental guidance in locating child care

## **Children with Special Needs**

- Care Coordination for Children (CC4C) 336-372-5641  
Determine needs and locate best services to improve health outcome and reduce costs for at risk children, birth- 5 yrs.
- Children's Developmental Service Agency 336-372-2905  
Early Intervention Program; nutrition, PTOT and speech therapy for developmental delays or established conditions; birth – 3 yrs.
- Daymark Recovery Services 336-372-4095  
Comprehensive and culturally competent mental health and substance abuse services for recovery, independence and highest quality of life
- Exceptional Children's Assistance Center 800-962-6817  
[www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)  
Information, workshops and training to improve lives and education of all children, special emphasis on those with disabilities
- High Country First In Families [www.fifnc.org](http://www.fifnc.org) 336-667-3333x250  
Support to families with Developmental Disabilities and traumatic brain injury; i.e. school / medical supplies, toys, childcare or respite care, computers
- Juvenile Court Counselor 336-372-8960  
Assistance for troubled youth and their families, ages 6-15.
- New River Shriner's Club 336-712-5580  
Medical care for burned and crippled children and those with cleft palate, birth defects, and scoliosis; birth – 18 yrs.
- Parent to Parent Family Support Network 866-812-3122  
Support service providers and families of children with a disability, emotional / behavioral challenge, or chronic health condition; families with premature infants or grieving the death of a child

## **Crime Victims**

- Alleghany County Dispatch 336-372-5676  
Dispatch for immediate assistance



Crime Victims Services      [www.ncdps.gov](http://www.ncdps.gov)      800-826-6200  
Reimburse medical expenses and lost wages to innocent victims of rape, assault, drunk driving, sexual abuse, domestic violence and to families of homicide victims

D.A.N.A.      336-372-3262  
Counseling, emergency shelter, court advocacy, support groups and certain transportation needs

NC SAVAN      [www.ncdps.gov](http://www.ncdps.gov)      877-627-2826  
Statewide Automated Victim Assistance and Notification, 24 hour automated information on offender status

Victim Services for Prisons, Probation and Parole      866-719-0108  
[www.ncdps.gov](http://www.ncdps.gov)  
Assist victims to understand adult correction system and their victim's rights in the correction process; written notification of offender's status in the system

## **Crisis Line (24 hours)**

Addiction Helpline      1-888-351-6764

D.A.N.A.      336-372-3262  
Domestic violence and sexual assault crisis

Daymark Recovery Services      877-492-2785  
Mental health and substance abuse crisis intervention; 24 hr., 365 days, toll free

National Suicide Prevention Lifeline      1-800-273-8255

## **Emergency Services**

Department of Social Services      336-372-1445  
Investigate and/or provide services to abused, neglected and exploited disabled adults; assistance in locating needed health services; placement services; guardianship for incompetent adults; 18 years and older

Alleghany County Dispatch      336-372-5676  
Dispatch for immediate assistance

Alleghany County Rescue Squad Immediate medical assistance	911
American Red Cross <a href="http://www.redcross.org/NC/Boone">www.redcross.org/NC/Boone</a> Disaster relief and lifesaving blood	828-264-8226
American Red Cross-Supporting Military Families Emergency medical messages to military personnel regarding their immediate family only- parents, children, spouse, siblings, grandparents	877-272-7337
Blue Ridge Opportunity Commission (BROC) Home weatherization, electric and fuel assistance once a year	336-372-7284
Daymark Recovery Services Mental health and substance abuse crisis intervention	336-372-4095
Domestic Violence Hotline Emergency shelter, court advocacy, support groups and certain transportation needs	336-372-3262
Solid Rock Emergency Relief Fund Crisis funds	336-372-5959

## Employment

Alleghany Workforce Center <a href="http://www.ncworks.gov">www.ncworks.gov</a> 336-372-9675 Get Real program (under 22 yrs.), Adult and Dislocated Worker Program, NC Works Web site and resume assistance, job place- ment, employment services	336-372-5476 336-372-5800
Division of Employment Security, Dept. of Commerce File for unemployment and any unemployment issues or questions	888-737-0259

## Financial Assistance

Child Support Enforcement Attempt to locate absent parent and begin process to establish child support	336-372-2411
--	--------------

Division of Employment Security, Dept. of Commerce 888-737-0259  
File for unemployment and any unemployment issues or questions

NC Foreclosure Prevention Fund 1-888-623-8631  
[www.ncforeclosureprevention.gov](http://www.ncforeclosureprevention.gov)  
Employment oriented program, makes mortgage payments through interest-free loan to those who have experienced qualified hardship event

Social Security Administration 1-800-772-1213  
866-331-2298  
Obtain new Medicare card, social security statements, and disability benefits planning query; make appointment to apply for retirement, disability, Medicare and Social Security

Work First 336-372-2411  
Temporary assistance for needy families with child 18 yrs. and under as they pursue employment

## **Food**

Blue Ridge Opportunity Commission (BROC) 336-372-7284  
Seed program for those of low income

Department of Social Services 336-372-2411  
Application for food and nutrition program (food stamps)

Solid Rock Food Closet 336-372-6560  
Food assistance for those of low income and other mitigating circumstances

Women, Infants, and Children (WIC) 336-372-5644  
Food and nutritional assistance for pregnant women and children from birth to age 5, Equal Opportunity Provider

## **Health/Medical Services**

Alleghany Cancer Education and Prevention Team 336-372-5597  
Information on health, cancer and preventive nutrition

Alleghany C.A.R.E.S. Medication Assistance Program 336-372-5559  
Assistance in obtaining medications for uninsured low income Alleghany County residents

Alleghany County Health Department Medical care, WIC, nutritionist, CAP/DA, Appalachian District Environmental Health	336-372-5641
Alleghany Memorial Hospital 24 hr. emergency care, hospital care, surgical services, rehabilita- tive services, sleep studies, pain management, smoking cessation, respiratory services, lifeline system	336-372-5511
Alleghany Pregnancy Care Center Free pregnancy tests, counseling and referrals for unplanned pregnancy	336-372-7844
Alleghany Wellness Center Swimming pool, track, exercise equipment, kitchen, massage therapist, personal trainers, room rentals and exercise classes	336-372-2944
Alzheimer's Association-Western Carolina Chapter Provide and enhance care and support for all affected by Alz- heimer's/ Dementia and reduce the risk of dementia through the promotion of brain health	828-514-3124
Appalachian District Environmental Health Permits for well and septic systems	336-372-8813
Daymark Recovery Services Comprehensive and culturally competent mental health and sub- stance abuse services for recovery, independence and highest quality of life	336-372-4095
Department of Social Services Applications for Medicaid	336-372-2411
Farm Worker Health Program Assists with health care needs of migrant and seasonal farm workers (crops) in Ashe and Alleghany Counties	336-372-1704
Genesis Health Care, Alleghany Center Long term skilled nursing facility; short term rehabilitation facility offering full time physical, occupational and speech therapy, inpa- tient and outpatient	336-372-2441

Leukemia and Lymphoma Society- NC Chapter 1-800-888-9934  
[www.lls.org](http://www.lls.org)

Free in-person and online educational and support programs for patients, families, caregivers and healthcare professionals, financial assistance programs

Medi Home Health and Hospice 336-372-8018  
Local hospice team providing compassionate care focused on quality of life, palliative (comfort) care, with hospice- you are not alone

New River Shriner's Club 336-712-5580  
Medical care for burned and crippled children and those with cleft palate, birth defects, and scoliosis; birth – 18 yrs.

NC Cooperative Extension 336-372-5597  
Radon and well water information, classes on healthy eating and chronic disease reduction

Nutrition and Health 336-372-5644  
Registered dietitian, diabetic self-management, medical nutrition therapy

Women, Infants, and Children (WIC) 336-372-5644  
Food and nutritional assistance for pregnant women and children from birth to age 5, Equal Opportunity Provider

## **Heating Assistance**

Blue Ridge Opportunity Commission (BROC) 336-372-7284  
Home weatherization, electric and fuel assistance once a year

Department of Social Services 336-372-2411  
Crisis and low income energy programs, dependent on funding availability

Solid Rock Ministerium and Emergency Relief 336-372-5959  
Electric and fuel assistance once a year

## **Homeless Shelters**

Echo Ministries 336-527-1637  
Single women, married couples with proof of marriage, single men only if have custody of children

Genesis Home Traditional housing, at least one adult and one child	919-683-5878
Hospitality House	828-264-1237
Hostel of the Good Shepherd	276-236-7573
Joseph's House Men 18-21	336-389-9880
Katherine Barber Memorial Homeless Shelter	336-838-7120
Kwanzaa Women and children only	828-264-1237
Oasis	828-264-1532

## **Housing (Income Based)**

Crestview	336-372-4751
Highland Village Townhouses 2,3, and 4 bedroom units, playground and amenities, must be eligible for bedroom size	336-372-5256
Maplewood Apartments Age 62 and older or handicapped or disabled	336-372-5414
Northwestern Regional Housing Authority (HUD) Apply for housing choice voucher	336-372-5256
Ridgeview Apartments Efficiencies; 1, 2, and 3 bedroom apartments	336-372-4752

## **In-Home Services**

Bayada Home Health Care	Pediatrics	336-835-8500
	Adults	336-526-1952
Skilled nursing care and domestic services provided by RNs, LPNs and CNAs; Medicaid certified, private pay and insurance accepted; pediatrics up to 21 yrs.; adults over 21 yrs.		

- Community Alternative Program for Disabled Adults 336-372-4464  
CAP-DA, Medicaid funded program promoting home care as an alternative to nursing home care for disabled adults 18 yrs. and older
- Council on Aging 336-372-4640  
Meals on Wheels 5 days a week for homebound seniors 60 yrs. and older; Level 1 aid- basic housekeeping; Level 2 aid- CNA assisted personal care; need based
- Department of Social Services 336-372-1445  
In-home case manager for adults 18 – 60 years
- Generations Home Health Agency 336-372-1755  
Medicaid funded program offering CNA assistance in the home with cleaning and hygiene
- Living Waters Home Care 336-372-5978  
CNA in-home personal assistance with daily tasks: i.e. cleaning, bathing, and toiletry; quarterly nurse supervisor visits, private pay or Medicaid
- Medi Home Health 336-372-2102  
Skilled nursing care i.e. catheter, blood draws, and meds; occupational and physical therapy; and CNA hygiene services in the comfort of your home
- Services Unlimited Home Care 336-372-5150  
CNA provided personal hygiene services, housekeeping and cooking if time; Medicaid, VA funded and private pay; CAP-DA transportation available one day a week

## **Legal Issues**

- Alleghany County Clerk of Court 336-372-8949  
File all legal suits and collection of fees, issue passports, court records and minutes, will probates and estate matters
- Alleghany County Magistrate's Office 336-372-4911  
[www.acc.state.nc.us/magistrate/magistrate.htm](http://www.acc.state.nc.us/magistrate/magistrate.htm)  
Issue warrants, summons, subpoenas; conduct bond hearings; evictions; involuntary commitments; driver's license revocation hearings; Small Claims Court
- District Attorney's Office 336-372-9109

Juvenile Court Counselor 336-372-8960  
Assistance for troubled youth and their families, ages 6-15.

Legal Aid of NC 336-725-9162  
Advice on fair housing; child support, visitation and custody;  
divorces; family law; domestic violence; subsidized housing options;  
Medicare and Medicaid

Project Challenge 336-667-1265  
Youth program of community service and restitution, court ordered  
only

## **Libraries**

Alleghany County Public Library [www.nwrl.org](http://www.nwrl.org) 336-372-5573  
Books, periodicals, E-books, computers, internet access, movies,  
cultural programs, children's programs, free income tax service by  
appointment

Books 'n Friends 336-372-5155  
Used book store, benefits public library, accepts donations

## **Medical Equipment**

Easter Seal Society of North Carolina 800-662-7119  
[www.eastersucp.com](http://www.eastersucp.com)  
Financial assistance for purchase of durable medical equipment

Medi Home Care 336-372-4028  
Durable Medical Equipment (DME): portable oxygen, nebulizers,  
CPAP, wheelchairs, hospital beds and other home medical supplies

## **Mental Health**

Alzheimer's Association-Western Carolina Chapter 828-514-3124  
Provide and enhance care and support for all affected by Alz-  
heimer's/ Dementia and reduce the risk of dementia through the  
promotion of brain health

Daymark Recovery Services 336-372-4095  
Comprehensive and culturally competent mental health and sub-  
stance abuse services for recovery, independence and highest  
quality of life



iTherapy [www.itherapy.com](http://www.itherapy.com) 828-964-8790  
Cognitive Behavior Therapy in office or via telephone or video,  
accepts most major insurance plans including Medicaid

## **Parenting Programs**

Alleghany Pregnancy Care Center 336-372-7844  
Classes in prenatal, parenting and living skills (i.e. positive credit,  
apt. renting, wise buying habits, used car buying, house cleaning,  
money management)

Partnership for Children 336-372-2846  
Darkness to Light child sexual abuse prevention program, DANA  
program, and parenting classes

## **Preschools (enrichment programs)**

Alleghany County Schools 336-372-4345  
Register for need and income based area preschools, schedule  
appointment for screening

Glade Creek Elementary Preschool 336-657-3388  
Piney Creek Pre-K 336-359-2024  
Sparta Elementary Preschool 336-372-8546

Blue Ridge Christian School 336-372-6900  
Pre-kindergarten programs for 3 and 4 year olds meeting at vari-  
ous locations

Gap Civil Head Start 336-372-8918  
Kindergarten preparation for 3- 5 yr. olds stressing parental  
in volvement; free to qualified families; health, dental and nutrition  
services for enrolled children

## **Schools**

Alleghany High School 336-372-4554  
Blue Ridge Christian School 336-372-6900  
Board of Education 336-372-4345  
Glade Creek Elementary School 336-657-3388  
Piney Creek Elementary School 336-359-2988  
Sparta Elementary School 336-372-8546

## Senior Services

- Alleghany In Motion** 336-372-8747  
Elderly and Disabled Transportation Assistance Program for medical and dental purposes, requirements and age limits, at least 24 hr. notice required for scheduling
- Alzheimer's Association-Western Carolina Chapter** 828-514-3124  
Provide and enhance care and support for all affected by Alzheimer's/ Dementia and reduce the risk of dementia through the promotion of brain health
- Appalachian Senior Companions/ Foster Grandparents** 336-846-4898  
55 yr. and older, volunteer 20 hrs. per week with ill seniors or in the school with special needs children
- Council on Aging** 336-372-4640  
Fitness room, activities, outreach, information and referral, senior companions, congregate lunch 4 days a week, transportation to and from Senior Center available
- D.A.N.A. Elder Abuse** 336-372-3262  
Information, counseling and referrals
- Genesis Health Care, Alleghany Center** 336-372-2441  
Long term skilled nursing facility; short term rehabilitation facility offering full time physical, occupational and speech therapy, inpatient and outpatient
- Senior Health Insurance Information Program (SHIP)** 336-372-5559  
Publications, information and guidance regarding Medicare, Medicare Part D, Medicare Supplements and Medicare Advantage plans; Division of NC Dept. of Insurance, located at Alleghany CARES
- Social Security Administration** 800-772-1213  
Wilkesboro 866-331-2298  
Obtain new Medicare card, social security statements, and disability benefits planning query; make appointment to apply for retirement, disability, Medicare and Social Security
- Veteran's Office** 336-372-4850  
Veteran's compensation, pension, VA Healthcare, military paperwork

## **Substance Use/Abuse**

- Alcoholics Anonymous Sparta Group** 336-372-4339  
Meets every Tuesday 8 PM- 9PM at Sparta Presbyterian Church,  
enter by back door from the west parking lot on Jones Street next  
to Brown's Restaurant
- Daymark Recovery Services** 336-372-4095  
Comprehensive and culturally competent mental health and sub-  
stance abuse services for recovery, independence and highest  
quality of life
- Life Center of Galax** [www.galax.crchealth.com](http://www.galax.crchealth.com) 800-345-6998  
Quality treatment for all forms of chemical dependency including  
alcoholism, opiate addiction and dual diagnosis
- Narcotics Anonymous** 336-372-1191  
Meets every Monday at Sparta United Methodist Church, room 2  
(use side door) from 6 PM to 7PM

## **Support Groups**

- Alcoholics Anonymous Sparta Group** 336-372-4339  
Meets every Tuesday 8 PM- 9PM at Sparta Presbyterian Church,  
enter by back door from the west parking lot on Jones Street next  
to Brown's Restaurant
- Alleghany Homeschool Hub** 336-372-4263  
Home education information, monthly Mom's Night Out support  
meetings, find on Facebook
- Alzheimer's Association-Western Carolina Chapter** 828-514-3124  
Provide and enhance care and support for all affected by Alz-  
heimer's/ Dementia and reduce the risk of dementia through the  
promotion of brain health
- Circle of Parents** 336-372-2846  
Interactive parent/child group open to parents with children birth  
to five years old, every Wednesday 10AM- noon at Alleghany  
Partnership for Children, 994 N. Main St.
- John L. Absher Support Group/Blind & Visually Impaired** 336-372-5573  
Meets second Friday of each month, 1 PM at Alleghany Public  
Library

Hispanic Women's Support Group 336-372-3262  
Open group, various topics, meets fourth Tuesday of each month,  
6 PM to 7:30 PM at Partnership for Children, 994 N. Main St., Sparta

Leukemia and Lymphoma Society- NC Chapter 1-800-888-9934  
[www.lls.org](http://www.lls.org)  
Free in-person and online educational and support programs for  
patients, families, caregivers and healthcare professionals, finan-  
cial assistance programs

Medi Home Health and Hospice 336-372-8018  
Bereavement counseling

Multiple Sclerosis Support Group 336-372-4218  
Meets second Tuesday of each month from 12:30 PM to 2 PM at  
Alleghany Wellness Center for those with MS, family members and  
caregivers

Narcotics Anonymous 336-372-1191  
Meets every Monday at Sparta United Methodist Church, room 2  
(use side door) from 6 PM to 7PM

Parent to Parent Family Support Network 866-812-3122  
Support families of children with a disability, emotional / behav-  
ioral challenge, or chronic health condition; families with prema-  
ture infants or grieving the death of a child

Rainbow of Hope Cancer Support Group 336-372-8392  
Support for cancer patients and caregivers meeting 3<sup>rd</sup> Monday of  
month, 11:30 AM at Wellness Center

Women's Support Group 336-372-3262  
Open group, various topics, meets second Tuesday of each month,  
6 PM to 7:30 PM at Partnership for Children, 994 N. Main St.

## **Thrift Stores**

Alleghany CARES [alleghanycares.com](http://alleghanycares.com) 336-372-5959  
Accepts clothing, household items and furniture every day; store  
open Thurs. and Fri 10 AM-5 PM, Saturday 10 AM- 3 PM and third  
Wednesday monthly 10 AM- 5 PM

Alleghany Memorial Hospital Thrift Shop 336-363-3194  
Seasonal

Village Treasures 336-372-2277  
Consignment shop

## **Toll Free Information Lines**

American Council of the Blind 800-424-8666  
American Diabetes Association 800-342-2383  
American Kidney Foundation 800-638-8299  
American Lung Association 800-586-4872  
Arthritis Foundation 800-883-8806  
Beginnings (services for parents of deaf and hard of hearing children)  
800-541-4327  
Health and Human Services Customer Service 800-662-7030  
Child Find of America 800-426-5678  
Drug Help Line 800-662-4357  
Epilepsy Information Service 800-642-0500  
NC Client Assistance Program (advocacy for the disabled) 800-215-7227  
National Health Information Center 800-336-4797  
National Kidney Foundation 800-688-9010  
National Runaway Switchboard 800-786-2929  
Social Security Administration 800-772-1213

## **Transportation**

Alleghany In Motion 336-372-8747  
Employment; Health and Human Service; and Rural General Public  
transportation; at least 24 hr. notice required for scheduling

Department of Social Services 336-372-2411  
Transportation for eligible Medicaid beneficiaries- medical  
purposes only



Children's Developmental Service Agency.....	7.....	336-372-2905
Child Support Enforcement.....	9.....	336-372-2411
Circle of Parents.....	18.....	336-372-2846
Council on Aging.....	3,14,17.....	36-372-4640
Crestview.....	13.....	336-372-4751
Crime Victims Services.....	8.....	800-826-6200
Cub Scouts.....	5.....	336-200-1982
D.A.N.A.....	8.....	336-372-3262
D.A.N.A. Elder Abuse.....	17.....	336-372-3262
Daymark Crisis Line.....	8.....	877-492-2785
Daymark Recovery Services.....	4,7,8,9,11,15,18.....	336-372-4095
Department of Social Services..	4,6,8,10,11,12,14,20.....	336-372-1445
District Attorney's Office.....	14.....	336-372-9109
Division of Child Development.....	6.....	800-859-0829
Div. of Employment Security, Dept. of Commerce..	9,10.....	888-737-0259
Domestic Violence Hotline.....	9.....	336-372-3262
Easter Seal Society of North Carolina.....	15.....	800-662-7119
Echo Ministries.....	12.....	336-527-1637
ESL at Glade Creek Elementary School.....	3.....	336-657-3388
Exceptional Children's Assistance Center .....	5,7.....	800-962-6817
Farm Worker Health Program.....	11.....	336-372-1704
Free Worship Christian Day Care Center.....	6.....	336-372-8423
Gap Civil Head Start.....	16.....	336-372-8918
Genesis Health Care, Alleghany Center.....	4,11,14,17.....	336-372-2441
Genesis Home.....	13.....	919-683-5878
Girl Scouts.....	6.....	828-719-5034
Glade Creek Elementary Preschool.....	16.....	336-657-3388
Glade Creek Elementary School.....	16.....	336-657-3388
Guardian Ad Litem Program .....	5.....	336-651-4421
Happy Hearts Learning Academy.....	6.....	336-372-2050
High Country First In Families.....	5,7.....	336-667-3333x250
Highland Village Townhouse.....	13.....	336-372-5256
Hispanic Women's Support Group.....	19.....	336-372-3262
Hospitality House.....	13.....	828-264-1237
Hostel of the Good Shepherd.....	13.....	276-236-7573
iTherapy.....	16.....	828-964-8790
John Absher Support Grp./Blind & Visually Impaired..	18.....	336-372-5573
Joseph's House .....	13.....	336-389-9880
Juvenile Court Counselor.....	7,15.....	336-372-8960
Katherine Barber Memorial Homeless Shelter.....	13.....	336-838-7120
Kwanzaa.....	13.....	828-264-1237
Legal Aid of NC.....	15.....	336-725-9162
Leukemia and Lymphoma Society- NC Chapter..	12,19.....	800-888-9934
Life Center of Galax.....	18.....	800-345-6998
Living Waters Home Care.....	14.....	336-372-5978

Love-n-Learn Childcare.....	6.....	336-372-4494
Maplewood Apartments.....	13.....	336-372-5414
Medi Home Health and Hospice.....	12,14,15,19.....	336-372-8018
Multiple Sclerosis Support Group.....	19.....	336-372-4218
Narcotics Anonymous.....	18,19.....	336-372-1191
National Suicide Prevention Lifeline.....	8.....	800-273-8255
NC Cooperative Extension.....	3,6,12.....	336-372-5597
NC Foreclosure Prevention Fund.....	10.....	888-623-8631
NC SAVAN.....	8.....	877-627-2826
New River Shriner's Club.....	7,12.....	336-712-5580
Northwestern Regional Housing Authority(HUD)....	13.....	336-372-5256
Nutrition and Health.....	12.....	336-372-5644
Oasis.....	13.....	828-264-1532
Ollie's Small World.....	6.....	336-372-4775
Parent to Parent Family Support Network.....	7,19.....	866-812-3122
Partnership for Children.....	5,6,16.....	336-372-2846
Piney Creek Elementary School.....	16.....	336-359-2988
Piney Creek Pre-K.....	16.....	336-359-2024
Project Challenge.....	15.....	336-667-1265
Rainbow of Hope Cancer Support Group.....	19.....	336-372-8392
Razors Edge Skate Park.....	6.....	336-657-0858
Ridgeview Apartments.....	13.....	336-372-4752
Senior Health Insurance Information Program (SHIIP)..	17.....	336-372-5559
Services Unlimited Home Care.....	14.....	336-372-5150
Social Security Administration.....	10,17.....	800-772-1213
Solid Rock Emergency Relief Fund.....	9,12.....	336-372-5959
Solid Rock Food Closet .....	10.....	336-372-6560
Sparta Elementary Preschool.....	16.....	336-372-8546
Sparta Elementary School.....	16.....	336-372-8546
Veteran's Office.....	17.....	336-372-4850
Victim Services for Prisons, Probation and Parole...8.....	66-719-0108	
Village Treasures.....	20.....	336-372-2277
Wilkes Community College .....	3.....	336-372-5061
Women, Infants, and Children (WIC).....	10,12.....	336-372-5644
Women's Support Group.....	19.....	336-372-3262
Work First.....	10.....	336-372-2411





Production costs paid by:

**Alleghany CARES**  
*Christians Associated for Relief & Emergency Services*

**P.O. Box 1655  
25 Womble Street  
Sparta, NC 28675**

Please notify us of any changes

**Phone: 336-372-5959  
Fax: 336-372-6808  
Email: [alleghcares@skybest.com](mailto:alleghcares@skybest.com)  
Website: [www.alleghanycares.com](http://www.alleghanycares.com)**